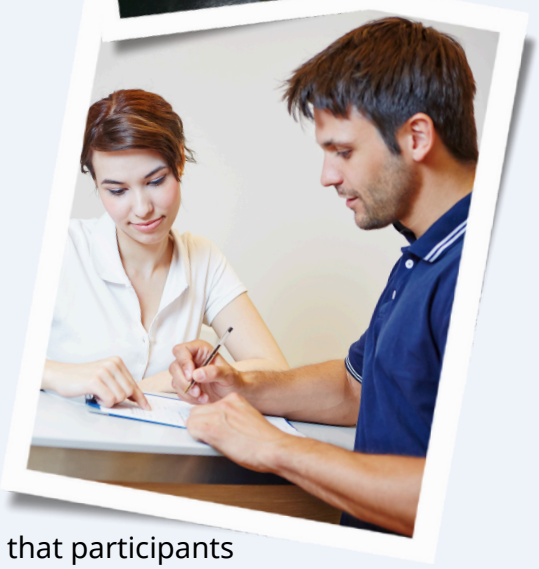
AANE LifeNet

An Independent Living Support Program for Autistic and Other Neurodivergent Adults in Massachusetts



Are you hoping to connect an Autistic or Neurodivergent adult you know with additional, ongoing support?

Who We Are

The **Association for Autism and Neurodiversity (AANE)** is a top-ranked non-profit* that has provided Autistic and other Neurodivergent individuals, their families, and the professionals who work with them with education, community, and support for over 25 years.

LifeNet is AANE's independent living, **private pay, case management service** for Massachusetts Autistic and other Neurodivergent adults.

What We Do

The LifeNet team **offers six tiers of service** and can assist clients with:

- Organizing medical appointments and helping with follow-through
- Monitoring symptoms of chronic or acute conditions
- Developing executive functioning strategies
- Managing budgets, bills, benefits and money
- Engaging socially and reducing social isolation
- Pursuing productive employment or volunteer opportunities
- Shopping and errands, transportation and travel guidance
- Connecting adults to community resources and providers and coordinating between providers
- Developing frustration tolerance and emotional regulation skills
- Helping to complete forms and meet deadlines

Who We Serve

We have developed the following eligibility guidelines:

- **Geography:** adults living within 1 hour drive from Watertown, MA
- **Age:** 21 years+
- **Diagnosis:** support needs are primarily related to autism or similar Neurodivergent identity without intellectual disability
- **Co-occurring Conditions:** reviewed on a case-by-case basis to ensure that participants are connected to services (in addition to LifeNet) that match their mental and physical health needs
- **Readiness to Participate:** adult is interested in receiving support from the LifeNet team
- **Cost:** Adult/family funds participation

Want to learn more?

Read more about our program at **aane.org/lifenet**, or contact us at **lifenet@aane.org** or through our **contact form**.

**Four-star charity rating by Charity Navigator and Platinum Transparency 2024 by Candid*

aane.org/lifenet

Contact Form