# JF&CS Services for People with Disabilities

# Openings, Newton Centre, Shared Living Model, Collaborative Living Support

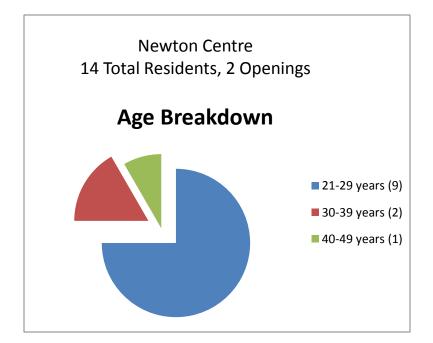
# **Program Description:**

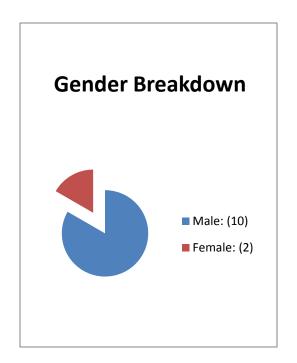
Our Shared Living, Collaborative Living Support model in Newton Centre, MA, is designed to serve adults 22 years and older, with mild to moderate disabilities, in a large house setting (14 residents.) This setting allows for opportunities for built-in friendships, social opportunities/development and the chance to integrate with a community of their peers! Each individual has their own sizeable bedroom, and shares staffing, common space, bathrooms, chores and laundry/kitchen facilities. The model of service includes 2 live-in staff who have their own separate suite within the house, and who provide morning support and overnight emergency coverage 365 overnights/year, to ensure safety. Additional single and double staff coverage is provided Monday through Friday, 3:30-10:30pm, and then on Saturday and Sunday from 9am-11pm. There are no staff scheduled in the houses from 8:30-3:30, M-F. Dinner is cooked and supervised by staff, with resident participation, 365 evenings/year. Staff support for Breakfast and Lunch is provided. Many organized evening and weekend social activities are chosen by the residents and offered with staff support. Great location, a walk to Newton Centre and the MBTA Green Line!

#### **Basic Eligibility Requirements:**

- Applicants to this program need to be 22 years or older, income eligible, on MassHealth Standard or CommonHealth and have a developmental disability or related condition.
- Applicants will need to demonstrate core life skill capabilities including the ability to be safe while home alone for 2-3 hours, and to provide all basic self-care (toileting, eating and dressing) on a consistent basis with staff support, cueing and oversight.
- Applicants currently need to be occupied or willing and able to occupy themselves independently outside
  the residence during the day on weekdays in an appropriate day program, volunteer or paid employment or
  other educational, recreational or vocational activity. If someone is relocating long distance, and qualify for
  the JF&CS DDS Day or Pathways to Employment program, this also may be an option for day activities.
- Each individual must demonstrate the capacity/willingness to independently exit during a fire or other emergency within 2.5 minutes.
- Applicants must be safely and successfully supported in a 1:9 staff to client ratio.
- Family and client compatibility is a key factor in the Shared Living Model's success. Applicants must be motivated to live in a group setting, be easygoing, respectful and friendly to housemates and staff.
- Our residential services are not comprehensive. Families will be expected to partner with JF&CS and
  provide on-going supports to their family member. Example of typical assistance provided by families in
  the Shared Living model include health care coordination and attendance at all medical appointments,
  financial oversight and management, clinical supports, support to find meaningful day activities, as well as
  transportation to activities that are not part of the 'group' schedule.
- This model cannot provide support for clients with complex clinical or medical needs.

#### **Program Statistics:**





## JF&CS Online Resources for Housing Preparation

Click here to review the JF&CS Preparation Transition Guide, which will be helpful during the transition of your family member to Shared Living. Chapter 5 is particularly helpful:

http://www.jfcsboston.org/Portals/0/PublicDocs/Unlocking the Doors to Community Living.pdf

## **Contact Information**

For more information, to schedule a tour, or to discuss your family member's housing needs and possible resources, contact: Doreen Cummings, Associate Division Director, Homes & Family Support, JF&CS, Cell: 617-799-6739, Email: dcummings@jfcsboston.org





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